

Analysis of National Music Teaching Strategies from the Perspective of Aesthetic Education

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Abstract: Aesthetic education is to cultivate sentiment, cultivate aesthetic feeling and aesthetic education with the artistic beauty of national music, so as to integrate ideological education into national education and achieve the purpose of purifying and beautifying the soul. China is a multi-ethnic country. After a long development, it has bred extremely rich national music resources, created colorful national music, and demonstrated the unique and distinctive national style and rich national characteristics of the Chinese nation. National music can not only improve students' aesthetic concept, but also inspire them to love national music and cultivate their sentiment, which has great aesthetic and educational value. Ethnic music teaching is not only the foundation of consolidating the inheritance of ethnic music culture, but also one of the important ways to implement aesthetic education. From the angle of strengthening the teaching of sound and image and guiding students to love a better life, this paper discusses how to expand teaching ideas, create an artistic atmosphere of music, and guide students to experience the emotions conveyed by national music, so as to cultivate students' aesthetic taste.

1. Introduction

In the new era, aesthetic education has become an indispensable part of China's higher education system. As an important form of aesthetic education, ethnic music education in universities can enrich college students' aesthetic emotional experience and strengthen college students' music aesthetic appreciation ability [1]. Music reposes people's yearning and pursuit for truth, goodness and beauty. Teachers should guide students to integrate their ideological understanding and spiritual perception in the process of experiencing the beauty of sound and soul. Through music teaching, students' thoughts and emotions can be sublimated, make students' imagination of music close to real life, and connect the music image with specific and sensible real life, so as to cultivate students' healthy and upward aesthetic interest [2]. Music is not only a discipline, but also an important way of cultural inheritance. It is an important way for schools to carry out moral and aesthetic education. Therefore, it is very important to guide students to feel the charm of national culture in music teaching [3]. Music teachers should pay attention to and pay attention to national music, take the appreciation teaching of national music as the focus of teaching, so that students can understand and appreciate national music, perceive the rich aesthetic ideas contained in these music, and cultivate their aesthetic interest [4].

The feeling of beauty can only be obtained through personal experience, which means that universities should not only fully integrate beauty into the classroom, but also be reflected in the whole process of teaching activities [5]. The brilliant national music embodies the wisdom of countless working people. Whether it is folk songs with melodious tunes and simple lyrics, or melodious or bold and unrestrained music style, playing and singing operas with strong local characteristics, as well as distinctive national musical instruments, all have unique aesthetic ideas [6]. Aesthetics is the most basic nature of music education. As a music teacher, we must implement the idea of aesthetic education in his teaching and cultivate students' ability to appreciate beauty, express beauty and create beauty. Strengthening the position of aesthetic education in ethnic music teaching in universities is helpful for college students to understand the rhythm beauty, melody beauty and emotional beauty of music in ethnic music [7]. This not only improves the music aesthetic level of college students, but also promotes their understanding of excellent national

culture. From the perspective of strengthening sound image teaching and guiding students to love a better life, this paper discusses how to expand teaching ideas, create a music art atmosphere, guide students to experience the emotion conveyed by national music, so as to cultivate students' aesthetic interest.

2. The important position of music education in aesthetic education

Music is the common language of human feelings. It meets people's high-level aesthetic needs and social needs restrained by extensive and profound social content and social significance in its unique way. Chinese national music is the music in which all ethnic groups express their emotional life with their own unique expressions. It is the music culture created by people of all ethnic groups with strong local characteristics and distinctive characteristics of the times, and has strong artistic appeal and aesthetic value. Therefore, we should deeply realize the great value of national music, and at the same time, we should carry out the education of national music well to cultivate students' aesthetic ability [8]. Objectively, national music belongs to the most beautiful, touching, full of human nature connotation, full of life breath and national personality image, and is one of the greatest achievements of human music art. In the trend of world education reform in the new century, national culture, as an important part of cultivating students' quality, has attracted more and more attention from all countries in the field of education. Seeking local cultural resources has become the basic national policy of all countries and ethnic groups to seek survival and promote development.

Contemporary college students' aesthetic taste in music is not only closely related to their living environment, educational level and cultural and artistic accomplishment, but also closely related to the whole social environment and the influence of educational system. Aesthetic education refers to the use of the laws of beauty, through the training of aesthetic practice, to strengthen people's psychological abilities such as perception, imagination, emotion and understanding, improve people's aesthetic psychological structure, and cultivate keen aesthetic ability and creativity. Aesthetic knowledge education is mainly to carry out the education of aesthetic principles, so as to improve people's aesthetic taste and quality, and help people establish correct aesthetic concepts and ideals. The purpose of implementing music education is to enable students to fully understand the form and connotation of music during the study and appreciation of music, so as to surpass the appreciation in the general sense and reach a higher level of experience in the taste of music beauty. Discipline aesthetic education mainly refers to turning boring theories in various disciplines into beautiful images in teaching activities, turning mechanical rote learning into vivid imagination, and turning teachers' unilateral indoctrination into equal exchanges between teachers and students.。

3. Ethnic music teaching model in universities from the perspective of aesthetic education

3.1. Creating teaching situation

In order to obtain ideal teaching effect and stimulate students' thirst for knowledge of national music, universities should start with the creation of teaching environment and provide students with more opportunities to experience the artistic conception of music works personally. In the process of formulating the teaching plan, teachers should explain the emotions contained in music works by means of audio, pictures and videos, and at the same time, integrate the author's growth environment and creation background into the works appreciation course, so that students can experience the origin of music works personally. As a part of aesthetic education, music teaching is characterized by the completion of teaching in aesthetics. As an important part of music education, music plays an obvious role in promoting quality education at the same time, because music has the social effects of edifying people's sentiment, improving intelligence and supplementing morality, which has always been valued by people [9]. To correct the correct direction of music education, we must vigorously carry forward national culture and emphasize national music education. The aesthetic function of music acts on people's emotions, just like the spring breeze changes rain and

moistens things, and infiltrates students' hearts virtually. Students can express their emotions with songs and cultivate their emotional experience of national music. The national music is rooted in the deep folk soil, and has a lively life breath, which can enhance students' national pride. Therefore, strengthening the connection between national music teaching and social life is the focus of cultivating students' healthy aesthetic taste and optimistic attitude towards life.

3.2. Deepen cooperation and exchanges

In the teaching of national music, learning and appreciating the knowledge of Chinese traditional music culture can not only shape students' beautiful voice with national characteristics, but also produce strong national self-confidence and pride, and more importantly, cultivate students' national emotion. As a kind of psychological activity and aesthetic experience, emotional experience can drive college students to work hard and forge ahead in spiritual life. Whether it is pop music, folk music or other forms of expression, it contains its specific emotions. Different from other arts and sciences, the emphasis of music learning is not theoretical and rational knowledge, but the cultivation of students' emotions. Teachers can integrate ideological education into it through sound melody. Music teaching forms are rich and colorful, with certain integrity, and teachers can play a positive role by incorporating ideological and political education into them. These emotions expressed in the national music spread not only sound information, but also cultural information. Then, the teaching of national music can make students build physical and mental harmony, make their feelings more delicate and sensitive, make them more healthy and lively, stimulate their imagination and promote their study in all aspects. Educators regard this thirst for knowledge as an instinctive behavior of students, which fully reveals the feasibility and value of inquiry-based and discovery-based teaching. Therefore, teachers in universities should introduce inquiry thought into the teaching of national music.

3.3. Carry out interactive teaching

National music is a precious cultural heritage created by the masses in the long-term productive labor and social practice. We should inherit and carry forward it, especially the next generation will participate in the creation and development of national style, so as to make our national music go to the world and make the traditional art form shine again. Teachers should strengthen students' emotional experience, make students feel the spiritual power of music, and strengthen the training of students' voice skills. In current teaching, teachers can make full use of advanced teaching equipment, such as recording equipment and computers, to create a pleasant teaching atmosphere and enhance students' emotional experience. Teachers can also organize students to carry out chorus activities, introduce healthy and progressive songs into the classroom, and make the campus sound wonderful songs. As a key period to absorb a large amount of ideas and knowledge, the learning stage of universities is accompanied by psychological maturity while students acquire knowledge and improve their abilities. Therefore, teachers should encourage students to explore its connotation in the study of national music, guide students to explore the connection between music and other disciplines, broaden students' cultural horizons, and promote their mastery of various subjects, so as to achieve the training goal of comprehensive practical talents.

4. Conclusions

Music teaching takes sound art as the carrier and aesthetics as the core, which is integrated into the expression of music theory and melody, phrases and paragraphs of songs. In such a systematic and huge project as aesthetic education, music plays an irreplaceable role. In music education, the education of national music also occupies a vital and irreplaceable position. Whether in the past war years or today's highly developed economy, music can inspire people to forge ahead, get deep into people's hearts, and give people hope and strength. National music has unique artistic beauty, which can not only give students good aesthetic enjoyment and cultivate their aesthetic taste, but also increase their understanding of China's excellent national culture and cultivate their sentiment. Although there are many unsatisfactory aspects in the national music education, it is feasible. It can

better inherit the excellent music culture and fine traditional virtues of the Chinese nation and play an important role in the cultivation of students' comprehensive quality. As an important component of music course, in the process of music teaching, teachers should pay full attention to it, and constantly explore appropriate educational methods to convey the beauty of national music to students, so as to give full play to the aesthetic and educational functions of national music.

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